

# Restorative DC

## SUMMER 2018 PROFESSIONAL DEVELOPMENT with OSSE



RestorativeDC



EMAIL JESSICA DULAY FOR  
MORE INFORMATION  
JESSICA.DULAY@DC.GOV

## JULY 9 & 10

### RESTORATIVE COMMUNICATION

**\*\*Two-Day\*\***

Charles Sumner School      9 a.m. -  
1201 17th St. NW      4 p.m.

## JULY 11

### TRAUMA AWARENESS & RESILIENCE

OSSE      9 a.m. -  
1050 First St. NE      4 p.m.

## JULY 20

### RESTORATIVE SCHOOLS OVERVIEW

OSSE      9 a.m. -  
1050 First St. NE      4 p.m.

## JULY 23 - 24

### PROACTIVE & ACADEMIC CIRCLE KEEPING

**\*\*Two-Day\*\***

Columbia Heights      9 a.m. -  
Educational Campus      4 p.m.  
3101 16th St NW

## JULY 25 - 26

### RESTORATIVE COMMUNICATION

**\*\*Two-Day\*\***

Charles Sumner School      9 a.m. -  
1201 17th St. NW      4 p.m.

SEE SECOND PAGE FOR DESCRIPTIONS



# RESTORATIVE DC

## Summer 2018 Professional Development

### RESTORATIVE SCHOOLS OVERVIEW

This one-day experiential workshop will introduce teachers, administrators, school staff, students and all those who support them to restorative concepts and practices. Participants will explore the continuum of restorative practices, experiencing proactive circles for strengthening relationships and social-emotional skills. More fundamentally, participants will come to see restorative approaches as a means of shifting school culture and climate, as well as addressing systems of power and oppression. After a day of learning about school-based restorative practices, this overview will conclude with a planning session and information on how to receive additional support. Absent additional training, this workshop alone is not intended to equip participants to facilitate any particular restorative process.

### RESTORATIVE COMMUNICATION

While restorative practices are primarily associated with the formal circles and conferences that may be implemented a few times per week, Restorative Communication can be used on a daily basis to build relationship and work with conflict. As such, it is a foundation to building a restorative culture of care and respect. This two-day workshop will help educators and youth workers identify ways that language used during difficult or disciplinary conversations may undermine intended outcomes, contradict our own values, and create disconnection with youth, peers, and colleagues. Aligned with the Positive Youth Development model, this training will present an empathy- and growth-mindset that fosters deeper understanding, cooperation, and working relationships. Participants will experience communication in a new way, trying out new ideas and techniques in situations that are relevant. They will also receive follow-up resources. This workshop will draw heavily from the model of Nonviolent Communication, which has been used throughout the world from schools to prisons, war zones to board rooms to transform conflicts and discipline issues, increase collaboration and empower individuals and groups to find successful solutions.

### TRAUMA AWARENESS & RESILIENCE

For schools serving marginalized communities, trauma is the elephant in the classroom. It fundamentally affects the way students and educators learn or behave, yet remains largely unseen. Based on the Strategies for Trauma Awareness and Resilience model from Eastern Mennonite University, this one-day interactive and self-reflective workshop will equip educators, youth, and youth workers with a lens to recognize and understand trauma, including its behavioral manifestations and underlying neurobiology. Based on this, participants will discover ways they can make their schools more supportive and safer for those touched by trauma, and will be provided with follow-up resources. The aim of this one-day workshop is to create a safe and supportive space for participants to share how trauma has touched their lives, explore sources of resilience, and experience techniques for stress relief. As a result of the workshop, it is anticipated that participants will be able to share and apply a basic understanding of trauma and a few simple stress-relieving techniques, but will not be prepared to address severe trauma absent clinical training.

### PROACTIVE & ACADEMIC CIRCLE KEEPING

This two-day skills workshop is for teachers, youth workers, youth, and other professionals who wish to incorporate peacemaking circles to build community and cover academic content at their school/organization/agency. The keeper's role is to initiate a space that is respectful and safe, and to engage participants in sharing responsibility for the space and for their collective work. Participants will learn the underlying assumptions, primary features, and basic process of Peacemaking Circles through direct experience and reflection. Participants will then have the opportunity to practice designing and keeping circles, receiving feedback on their skills and an informal assessment of their readiness to apply circles to their work. Participants will receive reference materials to guide in implementation. On the basis of this and the assessment, it is anticipated that most participants will be ready to serve as keepers for basic community building circles as an outcome of the workshop, but not more advanced responsive circles.

**Prerequisites:** The Restorative Schools Overview, Why Restorative? webinar or similar introduction is a prerequisite to attending this training. If you have questions, please contact us.

**Requirements and Expectations:** The Restorative Schools Overview, Why Restorative webinar or similar introductory training is a prerequisite to attending this workshop. This training will not only cover how to use Circles for community building activities, but also to utilize the strengths of the Circle process in teaching academic content.

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