

Restorative DC Professional Development Schedule

2019

SEPT	9/13	Community of Practice: <i>Community Building</i>	DEC	12/6	RJ and Special Education
OCT	10/8	Community of Practice: <i>Bullying Awareness with Restorative Practices</i>		12/10	Community of Practice: <i>Responsive Discipline and Restorative Practices</i>
	10/17	Restorative Schools Overview		12/13	School Climate Conference
NOV	11/13	Community of Practice: <i>Restorative Communication for School Staff</i>		12/19	RJ and In-School Suspension

2020

JAN	1/14	Community of Practice - <i>Restorative Practices with Special Education</i>	MAR	3/5	RJ Communication and Conflict Resolution
	1/24	RJ in the Everyday Classroom		3/10	Community of Practice - <i>Self Care in the Testing Season</i>
	1/29	Restorative Responses to Behavior		3/20	Support Circle Keeping
FEB	2/6	Restorative Schools Overview	APR	4/14	Community of Practice - <i>Family Engagement</i>
	2/11	Community of Practice - <i>Youth Leadership</i>		4/17	RJ and Young Learners
	2/13	Responsive Circle Implementation RJ and Special Education	MAY	5/12	Community of Practice - <i>Celebration!</i>
	2/20	Trauma and Resilience			
	2/21	RJ and Special Education			

****Offerings marked with asterisks have prerequisites. See descriptions for details.**

KEY: Community of Practice: Blue In-person workshop: Green

Restorative Professional Development Schedule

2019-20 School Year

Dates
Offered

PLUs are available by request through the post-training evaluation.

Restorative Schools Overview

This **one-day** experiential workshop will introduce teachers, administrators, school staff, students and all those who support them to restorative concepts and practices. Participants will explore the continuum of restorative practices, experiencing pro-active circles for strengthening relationships and social-emotional skills. Participants will come to see restorative approaches as a means of shifting school culture and climate, as well as addressing systems of power and oppression. After a day of learning about school-based restorative practices, this overview will conclude with a planning session and information on how to receive additional support. *This workshop is not intended to equip participants to facilitate any particular restorative process.*

10/16/19
&
3/29/19

Academic/Content Circle Keeping

This workshop is for teachers, youth workers, youth, and other professionals who wish to utilize restoration circles to build community and cover academic content at their school/organization/agency. The keeper's role is to initiate a space that is respectful and safe, as well as to engage participants in a shared responsibility for the space and for their collective work. Participants will learn the underlying assumptions, primary features, and basic process of community building and academic content circles through direct experience and reflection. Participants will then have the opportunity to practice designing and keeping circles, to receive feedback on their skills and will be given an informal assessment of their readiness to apply circles to their work. Participants will receive reference materials to guide in implementation. On the basis of this and the assessment, it is anticipated that most participants will be ready to serve as keepers for basic community building circles as an outcome of the workshop, but not more advanced responsive circles. **Prerequisites:** *The Restorative Schools Overview, Why Restorative? webinar or similar introductory training is a prerequisite to attending this training. If you have questions, please contact us.*

11/13/19

RJ and Special Education

Restorative Justice is a philosophy and approach to building community and responding to harm with roots in indigenous traditions. It is increasingly applied in schools all around the country to manage classrooms and create inclusive, socially connected, and supportive learning environments. We are committed to educating youth regardless of their social, emotional, physical, or intellectual abilities. Indeed, students with special needs and trauma make a significant part of our school population and are disproportionately represented in school discipline cases. Even where there is no formal diagnosis, students have different capacities for sustained attention, social awareness, intellectual cognition, emotional regulation, memory, and expressive and receptive language. This one-day experiential workshop will help teachers, administrators, and special education staff identify and accommodate these differences as an essential part of preparing for, keeping, and following up on responsive interventions such as responsive circles. **Prerequisites:** Restorative Schools Overview (or other introductory training), Circle Keeping, and Responsive Circle Keeping. Most participants should be ready to hold basic responsive circles; including preparation and agreement making for students with a variety of special needs.

12/6/19

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School Climate Conference

The Office of the State Superintendent of Education (OSSE) is pleased to announce its second school climate conference, "Implementation in Action: Transforming School Culture and Climate." This conference will convene educators and stakeholders from DC Public Schools, Public Charter Schools, and partner agencies to attend and lead workshops that highlight practical strategies which contribute to a positive and inclusive learning environment. Conference workshops will feature Positive Behavioral Interventions and Supports (PBIS), Restorative Justice, Trauma Informed Practices, Mental Health and Well-Being, Social-Emotional Learning (SEL), and Equity and Cultural Competence.

12/13/19

RJ and In-School Suspension

This session will take a deeper look in school suspension and how school staff can transform the space, outcomes, and reflection through a restorative lens. Learn how this can be a viable practice that is trauma informed so that students can gain skills and tools to re-enter back into the direct learning environment. Participants will be able to learn how to transform the current way(s) that In School Suspension (ISS) are conducted and learn principles of "Time In"(reflection) vs. "Time Out" (exclusion) as a process to restore harm to the community. The materials provided in this session support schools as they implement discipline practices that are compliant with Student Fair Access to School Act.

12/19/19

RJ in the Everyday Classroom

This workshop is designed to explore ways that restorative practices can be used in the classroom. Teachers and school staff will gain skills and tools to incorporate restorative practices that will increase student engagement in academic and community content, promote consistent student attendance, and develop proactive systems to respond to student behavior. Participants will have the opportunity to practice energizers for classroom transition, socratic seminars for civil discourse and literacy circles for comprehension in reading. Participants will identify best practices for designing student recognition and celebration events, sustainable daily routines and procedures, and clear expectations for the classroom community.

1/24/20

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Restorative Responses to Behavior

This workshop is designed to build capacity of school leaders, teachers, and support staff in their approach to behaviors in school. Through the restorative lens, participants will explore various techniques and strategies to effectively communicate with students when they disrupt community norms or expectations. Participants will gain skills and tools to de-escalate students in heightened situations by using Restorative Communication (Affective Statements/ Restorative Questions). Throughout the workshop, facilitators will demonstrate the concepts of Fair Process, an inclusionary practice that allows for staff and students to be actively involved when there has been harm to the community, and participants will consider their biases in their response to student behavior and recognize how it impacts consistent outcomes.

1/29/20

Restorative Schools Overview

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2/6/20

Responsive Circle Implementation

This practice-based workshop is for school staff who aim to incorporate responsive peacemaking circles into their classrooms and community. The training will focus on responsive circles and the structured intervention for serious and complex incidents of harm. Participants will utilize mock disciplinary scenarios to practice a responsive circle, conduct preparatory meetings, facilitate mock circles, create written agreements and review re-entry processes. Throughout the workshop, participants will receive feedback on their skills from workshop facilitators and colleagues. Additionally, the intersection between responsive circles and the 2018 DC Student Fair Access to School Amendment will be explored throughout each component of the workshop.

2/13/20

Restorative Professional Development Schedule

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Trauma Awareness and Resilience

This training experience explores best practices to trauma-informed, resilience-oriented, and Restorative Justice-focused practices that promotes healing and provides a path towards hope, and reconciliation. The class will explore the brain's stress-response system and how it impacts behavior and learning for students and educators. This is a chance for you to deepen your knowledge about trauma, resilience and post-traumatic growth. An innovative brain wave entrainment integrated health practice will be demonstrated and experienced in a series of Mindfulness activities that can be used in the school and classroom. We will dive deeper into the science behind how the brain and body respond to trauma, including the Sound Vibrionic theory and recent discoveries about how to harness brain waves and eye movements to heal trauma. You will receive a general overview of trauma and how to become trauma-informed, including skill-building around how to provide healing within relationships. The second part of the Trauma & Resilience training provides a more in-depth look at the cutting-edge science surrounding childhood trauma, plus offers additional skills to help professionals develop a trauma-informed practice.

2/20/20

RJ and Special Education

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2/21/20

Restorative Professional Development Schedule

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RJ Communication and Conflict Resolution

This workshop is for teachers, school staff, and education professionals who want to address the challenges of conflict with students, colleagues, and parents. Participants will have an opportunity to assess their own style of engaging with (or avoiding) conflict, apply strategies to reframe difficult conversations, understand how needs and identity contribute to a restorative culture, and practice communicating from values/interests instead of positions to promote engagement with restorative justice in school communities.

3/5/20

Support Circle Keeping

Support circles are a structured process for engaging students who are struggling, have complex needs, or are returning to the school community after long absence. Support circles bring together the student, family members, relevant school staff, social service providers, and others to provide a web of support to build relationships, identify needs, map resources, make a plan, check in with each other, share accountability, and celebrate successes in their transition to stability. This workshop is designed for intermediate or advanced RJ practitioners who have an understanding of restorative justice philosophy and experience as a circle keeper. Participants will learn how to prepare and provide follow-up, as well, as understand the structure and skills need to implement an effective Support Circle.

3/20/20

RJ and Young Learners

In order for restorative practices to be effective for young learners, restorative practitioners must consider the developmental range of children in grades K-8, and must accommodate a young learner's attention span, energy level, learning style, and expressive and receptive language capacity. This experiential workshop for teachers, administrators, school staff, and early education workers will translate restorative practices to the primary school classroom by adapting proactive and responsive approaches to the developmental stages of K-8 students.

4/17/20

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Community of Practice

Community of Practice gatherings create a dynamic space for representatives of schools and agencies, seasoned practitioners, and advocates to share their experiences and explore topics related to restorative school change. Each one runs approximately 2.5 hours.

Attendance at all monthly CoP events is strongly suggested.

Community Building 11/13/19

Responsive Discipline and Restorative Practices 12/10/19

Restorative Practices with Special Education 1/14/20

Youth Leadership 2/11/20

Self Care in the Testing Season 3/10/20

Family Engagement 4/14/20

Celebration! 5/12/20

Registration will open 4-6 weeks prior to each event and will be advertised on the OSSE RJ page <https://osse.dc.gov/page/restorative-justice-trainings-and-resources>.

For more information, contact Jessica Dulay jessica.dulay@dc.gov.