

SchoolTalk's RestorativeDC Winter/Spring Programming Schedule

A.M. Sessions: 10:00-12:00 P.M. Sessions: 1:00-3:00

February 2021

EVERY MONDAY & TUESDAY	Coaching & Skill Building: Q&A and Coaching Support with Your RestorativeDC Coaches	WED 2/17	A.M. PD: Rapid Response Restorative Process (Micro Circle) P.M. PD: Race, Equity, Inclusion, and Diversity (REID) and Restorative Justice P.M. Open Planning Session
WED 2/3	A.M. Community of Practice: Supporting Struggling Students A.M. PD: RJ Applications and Alignment within a Multi-tiered System of Support P.M. PD: Restorative Justice & Special Education	WED 2/24	A.M. PD: Restorative Frameworks for Discipline in the New Normal -Part 1 P.M. PD: Restorative Frameworks for Discipline in the New Normal -Part 2 P.M. Open Planning Session
WED 2/10	A.M. PD: Staff Engagement & Wellness through Restorative Justice P.M. PD: Building and Sustaining Community & Restorative Justice P.M. Open Planning Session	SAT 2/27	A.M. PD: Restorative Communication & Questions

March 2021

EVERY MONDAY & TUESDAY*	Coaching & Skill Building: Q&A and Coaching Support with Your RestorativeDC Coaches	WED 3/17	A.M. PD: Race, Equity, Inclusion, and Diversity (REID) and Restorative Justice P.M. PD: Building and Sustaining Community & Restorative Justice P.M. Open Planning Session
WED 3/3	A.M. Community of Practice: Staff Engagement and Wellness for Educators A.M. PD: Staff Engagement & Wellness through Restorative Justice P.M. PD: Youth Engagement through Restorative Justice	WED 3/24	A.M. PD: Agreement Writing in Restorative Processes P.M. PD: Restorative Communication & Questions P.M. Open Planning Session
WED 3/10	A.M. PD: Games, Engagers, and Brain Breaks P.M. PD: Rapid Response Restorative Process (Micro Circle) P.M. Open Planning Session	SAT 3/27	A.M. PD: Special Education & Restorative Justice
SAT 3/13	A.M. PD: Virtual Circle Keeping	WED 3/31	A.M. PD: Grieving, the Small and the Big (tier one support) & Restorative Justice P.M. PD: Virtual Circle Keeping P.M. Open Planning Session

See Our Entire Schedule and Register @ restoratedc.org/events/

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April 2021

EVERY
MONDAY &
TUESDAY

Coaching & Skill Building:
Q&A and Coaching Support with
Your RestorativeDC Coaches

WED 4/7

A.M. Community of Practice

A.M. PD: Social Emotional
Learning, Mental Health &
Restorative Justice

P.M. PD: Staff Engagement
& Wellness through
Restorative Justice

SAT 4/10

A.M. PD: The Power of
Gratitude through Restorative
Justice

WED 4/21

A.M. PD: Agreement Writing in
Restorative Processes

P.M. PD: Building and Sustaining
Community & Restorative Justice

P.M. Open Planning Session

SAT 4/24

A.M. PD: Family Engagement &
Restorative Justice

WED 4/28

A.M. PD: Restorative
Frameworks for Discipline in the
New Normal - Part 1

P.M. PD: Restorative
Frameworks for Discipline in the
New Normal- Part 2

P.M. Open Planning Session

May 2021

EVERY
MONDAY &
TUESDAY

Coaching & Skill Building:
Q&A and Coaching Support with
Your RestorativeDC Coaches

WED 5/5

**A.M. Community of Practice: RJ
Implementation Teaming**

A.M. PD: Fundamentals of
Restorative Justice in a
Changing World

P.M. PD: Race, Equity,
Inclusion, and Diversity
(REID) and Restorative
Justice

SAT 5/8

A.M. PD: Games, Engagers,
and Brain Breaks

WED 5/19

A.M. PD: Restorative Justice
Applications and Alignment within
a Multi-tiered System of Support

P.M. PD: Restorative
Communication & Questions
P.M. Open Planning Session

SAT 5/22

A.M. PD: Building and
Sustaining Community &
Restorative Justice

WED 5/26

A.M. PD: Family Engagement &
Restorative Justice

P.M. PD: The Power of Gratitude
through Restorative Justice

P.M. Open Planning Session

June 2021

WED 5/12

A.M. PD: Staff Engagement
& Wellness through
Restorative Justice

P.M. PD: Youth Engagement
through Restorative Justice

P.M. Open Planning Session

WED 5/2

**A.M. Community of Practice:
Celebrations and Gratitude**

A.M. PD: Staff Engagement &
Wellness through Restorative Justice

P.M. PD: Virtual Circle Keeping

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Restorative Professional Development Schedule

2020-21 School Year

**Dates
Offered**

PLUs are available by request through the post-training evaluation.

Professional Development (PD) Descriptions

Professional Development offerings focus on skill-building and are designed and to support teachers, support, and discipline staff.

A.M. Sessions: 10:00 am-12:00pm

P.M. Sessions: 1:00pm -3:00pm

Agreement Writing in Restorative Processes

Conducting effective preventative or responsive circles requires the facilitator to be able to help the participants create meaningful agreements that address the roots of the problem and are sustainable over time. In this workshop, we will explore how to create effective agreements between the parties involved, check for understanding and agreement, and utilize coaching skills to increase the chances for success over time. Some circles go "great" and then the behaviors or hurtful patterns come back. We will also examine the next restorative step if/when the agreements are broken. Participants will have the opportunity to practice these skills through interactive exercises and roleplays.

Mar 24: A.M.

Apr 21: A.M.

Building and Sustaining Community & Restorative Justice

In this workshop, participants will explore the building blocks of restorative practices and how to utilize them to sustain a positive school culture and climate. Participants will gain practical strategies and ideas that energize and re-energize your learning community (staff, students and families) and deepen your understanding of how to integrate restorative practices with similar initiatives (PBIS, SEL, MTSS). Workshop objectives include: 1) assess the strengths and weaknesses of school culture; 2) identify how restorative practices and complementary initiatives work together to address your school needs; 3) create or restructure plans of action so that teachers and support staff are working with each other, students, and families instead of to or for them (social discipline window) throughout the year to sustain the goal of implementing a restorative school culture.

Feb 10: P.M.

Mar 17: P.M.

Apr 21: P.M.

May 22: A.M.

Family Engagement through Restorative Justice

Families play an important role in the success of the school community and strong relationships between schools and families are even more critical during virtual learning. Participants will gain a deeper understanding of the needs and perspectives of families; the ways in which strong family engagement practices impact learning; and how to work together to promote positive student behavior. We will explore strategies to further engage families to create a culture of collaboration, including how to leverage school partnerships with community-based organizations. The workshop format will encourage sharing/co-creating strategies that have been successful in the new normal across DC schools, both DCPS and public charter.

Apr 24: A.M.

May 26: A.M.

Fundamentals of Restorative Justice in a Changing World

This two-hour virtual workshop will introduce teachers, administrators, school staff, students and all those who support them to restorative concepts and practices. Participants will explore the continuum of restorative practices, including pro-active circles for strengthening relationships and social-emotional skills, and restorative circles as a means of shifting school culture and climate, and addressing systems of power and oppression. Participants will be able to utilize these practices within an online/virtual environment. This workshop is not intended to equip participants to facilitate any particular restorative process.

Jan 27: A.M.

May 5: A.M.

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Restorative Professional Development Schedule

2020-21 School Year

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Dates
Offered

Games, Engagers, and Brain Breaks

This two-hour training will give school staff strategies for incorporating humor, fun, connection, and energy into on-line sessions with students. Participants will be exposed to a range of activities that have been adapted for use in various on-line platforms. The session includes exploration of the role of Ice Breakers, Brain Breaks, and Student Engagers in building relationships, promoting social emotional awareness, and trauma-informed practices. These practices can be utilized as part of lesson plans, advisory sessions, and circles processes and can be tailored to various ages and abilities.

Mar 10: A.M.

May 8: A.M.

Grieving, the Small and the Big & Restorative Justice (tier one support)

Restorative Justice is more than a process to repair relationships between people after a harm. It is a way of living and relating that focuses on "how we care about each other." It is a healing-centered approach drawn from ancient indigenous cultures that supports widening tolerance and welcoming what is also painful: the losses, the disappointments, the hurts. It brings people together to remember how to be healers and helpers to each other. In this workshop, we will learn how restorative practices can increase a culture of care towards those who may be grieving. We will explore how to widen our capacity to confront sadness and disappointment, and learn about the turnaround journey of resilience inviting people back to hope. Objectives of this workshop are: 1) examine the five stages of grief and introduce the concept of ambiguous grief; 2) practice how to address these feelings in others and ourselves; and 3) demonstrate how to build community and resilience.

Mar 31: A.M.

Race, Equity, Inclusion, and Diversity (R.E.I.D) and Restorative Justice

This PD will examine the impact of racism, inequity, and exclusion on the learning environment and developing safe spaces to have courageous conversations using the RJ circle process. These circles combine ancient practices and modern procedures to focus on essential relationships and listening. Connecting in a circle allows for communicating, healing, and genuinely understanding experiences and dynamics around systemic racism and its connection to equity, inclusion, and diversity. Participants will review and clarify definitions of important/relevant terms such as racism, systemic racism, bias, prejudice, and explore culturally relevant pedagogy.

Feb 17: P.M.

Mar 17: A.M.

May 5: P.M.

Rapid Response Restorative Process (Micro Circles)

Do you often experience that restorative responses to a conflict take much preparation or time? Micro Circles, a restorative process to a conflict between two or three people, allow for a rapid response to take place in the moment without a great deal of preparation. Participants will be introduced to this simple RJ process utilizing restorative questions and communication techniques. We will provide examples of adaptations from supporting early-age student conflicts to staff-on-staff conflicts. We will discuss when this process is best suited or when other RJ processes might be needed.

Feb 17: A.M.

Mar 10: P.M.

Restorative Communication & Questions

Join us for an interactive session where you will be able to explore, strengthen, and expand your understanding of restorative practices and learn how to use language to create a more peaceful, trusting, and meaningful connection with others at home and at school. As a result of actively participating in this workshop you will be able to: (1) use strength-based language to create a trauma responsive and restorative culture of caring at home and at school; (2) understand when you are having a difficult conversation and the reasons why; (3) utilize tools to become fluent in restorative language; and (4) apply a variety of Restorative Justice elements and SEL practices to facilitate more restorative conversations.

Feb 27: A.M.

Mar 24: P.M.

May 19: P.M.



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Restorative Professional Development Schedule

2020-21 School Year

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**Dates
Offered**

Restorative Frameworks for Discipline in the New Normal

This two-part workshop is designed to build the capacity of school leaders, teachers, and support staff in their approach to behaviors during SY20-21 when school communities will be facing unprecedented challenges. During the first day of the workshop, participants will review responsive restorative techniques and strategies to effectively communicate with students when they disrupt community norms or expectations in virtual and in-person settings, examine underlying assumptions and biases, explore the ramifications of changes to school expectations and compliance, and understand the connection between proactive community-building and response to behaviors. The second day of training will give participants the opportunity to gain skills and tools to de-escalate students in heightened situations by using Restorative Communication (Affective Statements/ Restorative Questions) and create plans for their school that include the concepts of Fair Process, an inclusionary practice that allows for staff and students to be actively involved when there has been harm to the community.

**Feb 24:
A.M./P.M.**

**Apr 28:
A.M./P.M.**

Restorative Justice Applications and Alignment within a Multi-tiered System of Support

According to the US Department of Education, a positive school culture fosters safety, promotes a positive academic, disciplinary and physical environment, and encourages trusting and caring relationships between adults and students. As different initiatives work toward a common vision of improving school climate, how can schools organize high-quality systems and practices to create consistent outcomes? In this session, we will examine how Restorative Justice fits into a Multi-Tiered System of Support (MTSS) framework. Participants will learn how to use this structure to:

- Align practices to a three-tiered framework
- Utilize teams to increase efficiency and make data-based decisions
- Integrate practices and provide supports for ALL students

Feb 3: A.M.

May 19: A.M.

Social Emotional Learning, Mental Health, & Restorative Justice

Restorative practices are dialogue-based processes that center a community around equitable and inclusive relationships of trust, understanding, and collaboration. These practices, including community building circles, are trauma-informed and provide ample opportunities for social-emotional learning for students, school staff, and families. During this workshop participants will explore how restorative practices can be utilized to provide key mental health and wellness supports and promote SEL learning. Participants will practice and plan community-building circles and other restorative practices in virtual settings, and understand how these practices integrate with and support existing mental health and SEL frameworks, such as Multi-tiered Systems of Support. The workshop is intended for educators, school administrators, and support staff.

Jan 30: A.M.

Apr 7: A.M.

Special Education and Restorative Justice

Restorative practices can be extremely useful for helping schools support students with disabilities during this time of uncertainty and disruption of the normal school environment. Participants will explore the current needs of students with disabilities and their families; and identify how restorative practices can be utilized for establishing connections, problem-solving, and creating inclusive, socially connected, and supportive learning environments. Even where there is no formal diagnosis, students have different capacities for sustained attention, social awareness, intellectual cognition, emotional regulation, memory, and expressive and receptive language. This experiential workshop will help teachers, administrators, and special education staff identify and accommodate these differences in both proactive and responsive restorative practices.

Feb 3: P.M.

Mar 27: A.M.

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Restorative Professional Development Schedule

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Dates
Offered

Staff Engagement & Wellness through Restorative Justice

As staff return to school communities, they will be asked to manage complex schedules including on-line and in-person instruction, facilitate the increased needs of students and families, and maintain shifting resources while balancing their own households, health needs, and possible grief due to the loss of loved ones. This workshop will introduce participants to staff community building circles and trauma-based restorative practices that can provide opportunities for emotional support, team building, and exploring core assumptions for working together effectively. Participants will learn strategies for self-care, conflict resolution, and restorative communication in a virtual setting.

The Power of Gratitude through Restorative Justice

Celebrations can be used to honor individuals, groups, or an entire school and are a way of building connections among the different stakeholders within the school community. Recognizing accomplishments and expressing gratitude promotes resilience and well-being. This workshop will explore strategies and various on-line tools that can be used to implement celebrations in schools in a virtual environment. A workshop format will encourage sharing and co-creating strategies that have been successful in the new normal.

Virtual Circle Keeping

As we rebuild our school networks, restorative community-building circles provide an opportunity and space to reflect, grieve, celebrate, and plan for the future in the new 'normal.' This workshop is targeted to school staff with some experience conducting community-building circles and will provide the tools and techniques necessary for transitioning to virtual circle-keeping. Participants will explore the capacity of restorative community-building circles to build and strengthen student, staff, and family relationships during times of uncertainty and trauma. These techniques can be utilized in various virtual platforms including Zoom, Padlet, and Conceptboard. Additional platforms and capabilities will also be discussed.

Youth Engagement through Restorative Justice

Successful restorative schools empower youth to have voice on issues that affect them, influence culture change, lead restorative practices, co-create school norms and policies, and take initiative to shape their community. Meaningful youth leadership not only requires providing opportunities for youth leadership, but training adults in the school on how to let youth genuinely lead. We will explore both how restorative practices can be utilized for empowering and connecting with students, and also how to incorporate students into circle facilitation roles. We will examine virtual learning scenarios and facilitation strategies that are relevant for the challenges of the new norms of virtual learning and student engagement.

Monthly Community of Practice

Join RestorativeDC and other members of the DC school community for the RJ Community of Practice meetings of the year. We have designed these sessions to provide space for connection, grieving, celebration, and supporting each other. Come as you are to be in community with others from schools across DC. Throughout SY20-21, RestorativeDC will sponsor RJ Community of Practice meetings to share experiences and explore topics related to restorative school implementation. "In times of stress, the best thing we can do for each other is to listen with our ears and our hearts and to be assured that our questions are just as important as our answers." - Fred Rogers

Feb 10: A.M.

Mar 3: A.M.

Apr 7: P.M.

May 12: A.M.

June 2: A.M.

Apr 10: A.M.

May 26: P.M.

Mar 13: A.M.

Mar 31: P.M.

June 2: P.M.

Mar 3: P.M.

May 12: P.M.

All Sessions:
10 A.M. - Noon

Feb 3

Mar 3

Apr 7

May 3



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Coaching & Skill Building

RestorativeDC will support participants in a highly customized Coaching and Skill-Building session. These sessions are designed to support individuals or small groups representing various learning communities focusing on primary elements of Restorative Justice including: Family Engagement, Student Engagement, Staff Engagement, Behavior and Discipline Approach, and Content Delivery. Our highly trained staff will coach participants in mindset, facilitation and intervention skills as well as practice "Pro-Tips" for practical implementation and training others in your schools.

Wherever you are with your restorative justice learning and implementation, with your trials, success stories, "F.A.I.L.s" (first attempts in learning!), and latest inquiries or even skepticism or fatigue, come and join us on one of our Coaching Open Hours!

- Come and discuss and share practical applications
- Get support and customized resources from our coaches
- Make yourself accountable to your learning goals by coming back regularly
- Be in a community of peers practitioners just like you

Each week, we'll circle up and assess what the group needs are and propose a "dive-in" exploration.

Sessions will rotate each month following various age groups.

- 1st week: general RJ implementation (open to ALL)
- 2nd week: early age to young elementary age
- 3rd week: older elementary to middle school
- 4th week: high school and young adult programs
- 5th week (if any): general RJ implementation (open to ALL)

We hope you'll schedule yourself some coaching time with us! We look forward to seeing you!

Your Monday Coaches: Dr. Jane Connor McMahon and Dr. Carmen White

Your Tuesday Coaches - Lennie Smith and Mali Parke

Open Planning Session Descriptions

Join RestorativeDC and other members of the DC school community for virtual individual and team Planning Sessions. Sessions are designed to support participants in planning, exploration, problem-solving, and implementation. These sessions are flexible in order to meet the various needs of participants. Ready-to-use resources and planning documents will be available after each session.

Topics are determined by participants when they sign up, but will include:

- Family Engagement
- Staff Engagement & Wellness
- Community Building
- Student Behavior and Discipline

Dates
Offered

All Sessions:
4-5:30 P.M.

Every

Monday

&

Tuesday

All Sessions:
1-3 P.M.

Feb 17

Feb 24

Mar 10

Mar 17

Mar 24

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